



#### **D. Post-Christmas Break** (February)

Here are some considerations for our meeting:

- 1.) Name a particular grace from
  - a. the Christmas break
  - b. the Silent-Directed Retreat
- 2.) Talk about specific challenges during your time away from seminary. What did you learn?
- 3.) What do you hope for in this semester? (look at your goals, recent learning, past petitions, graces shaping your desires, etc.)

#### **E. Pre/Post-Evaluations** (March)

Here are some items for consideration:

- 1.) What have you been noticing in the evaluation experience (peer reviews, self-evaluation, final evaluation)? What of your evaluation experience is staying with you?
- 2.) Growth: How will your points of growth continue or deepen during the summer? (goals, means, etc.)
- 3.) Grace: Any prominent points of grace in this Lenten season (homilies, parish experiences, readings, lectios, particular practices in Lent, etc.)
- 4.) Plans for Easter Break...?

#### **F. Pre-Summer** (April)

- 1.) What is your summer assignment and how will it continue the most important points of your seminary formation?
- 2.) Are there any challenges that you anticipate? What grace are you asking for the summer?
- 3.) What questions might help you stay attentive to your formational needs?

### **Formation Meeting - Brief Format**

- Prayer – Litany (of Men, of Trust, of Consolation), Acathist Hymn, Scripture  
What has your attention?
- Locating the man – “Where do you live?” in Christ
- Profile – Strengths and Weaknesses
- Conclusion – Exercise noticing, responses, new desires
  - Homework – to report back, accountability
  - Appointments – Counseling, Exercise, Nutrition, Sleep, Rector, Professor, Dean
  - Growth defined in terms of discernment:
    - a. Aware – honesty
    - b. Understanding – generosity
    - c. Choosing – freedom (receiving or reject)