
Psychological Assessments in a Virtual World

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Preparation

- Establish Rapport
- Enter into Dialogue
- Engage in Interpersonal Process
- Frame it as:
 - Testing*
 - Evaluation*
 - Assessment*
 - Interview*
- Professional Disclaimers
- Work with Psychodynamics

Professional Disclaimers

- Professional Introduction
- Consent (written and verbal)
- Explain Confidentiality and Limits to Confidentiality
- Assure Compliance with Ethics and Jurisprudence
- Demystify the Interview and Assessment Process

Psychodynamics of Interview

- Curiosity
- Avoidance
- Embarrassment
- Fear
- Insight
- Self-Disclosure
- Self-Concealment
- Self-Awareness

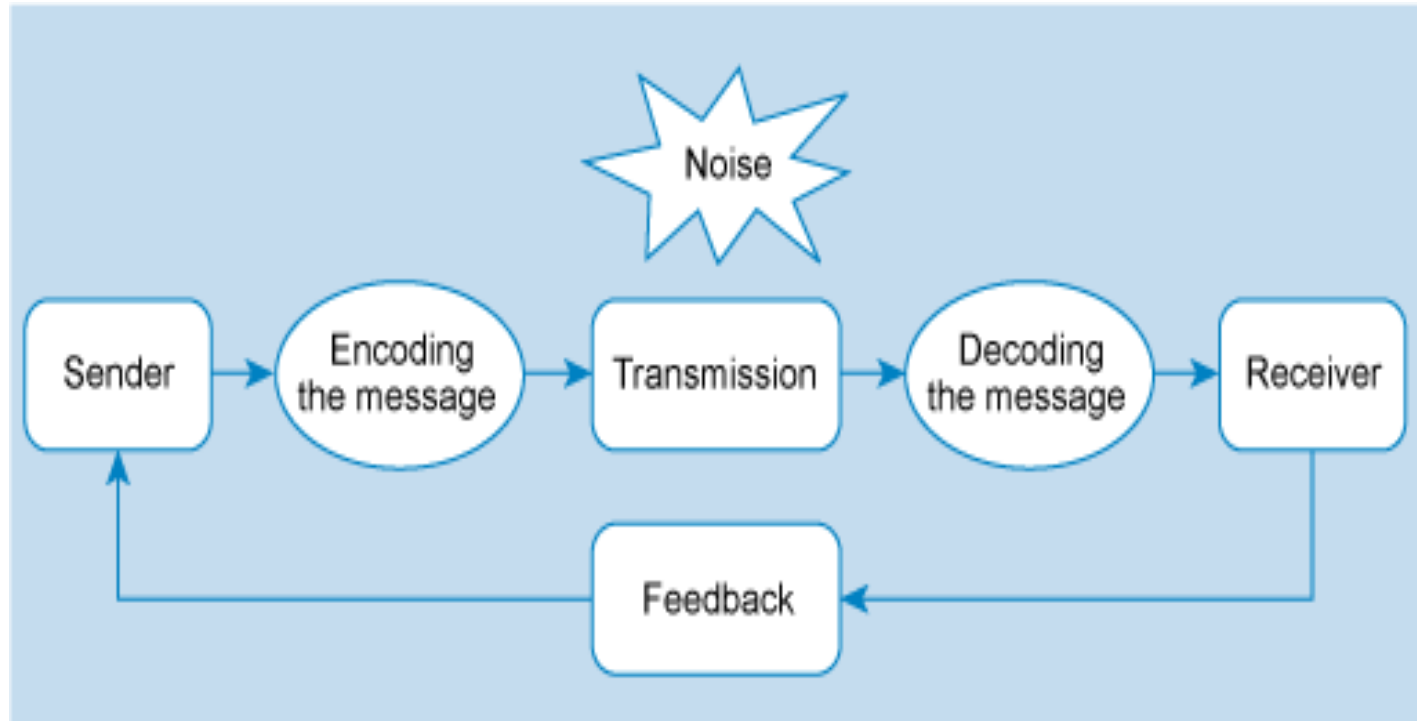
Critical Areas

- Affective Maturity
- Psychosexual Integration
- Personality Structure and Functioning
- Communication Style and Relational Competencies

Assessment Methodology

- Establish Rapport
- Share Qualitative Questionnaire
- Administer Objective Assessment Methodology
- Active Listening

Communication Process



Interview in a Virtual World

- Candidate
- Psychologist
- Self-Disclosure

Content

Process (verbal and nonverbal)

- Impression Management
- Decoding
- Active Listening

Active Listening

- Open-ended questions
- Reflection of Feeling
- Reflection of Content
- Paraphrasing
- Minimal Encouragers

John

- Evaluation Psychosexual Integration

P: Can you tell me about any experiences with pornography and masturbation?

C: Yes, I've been working on chastity for two years now. I've been talking to my spiritual director and he has been very helpful. I have made some progress and my behavior has become less compulsive.

P: What do you mean by compulsive?

Active Listening

- C: It used to be out of control and I couldn't resist the urges. But I gradually regained control and it has become less frequent. I definitely feel it will continue to get better.
- P: *You feel confident you will continue to make grow in chaste behaviors. What are some of the risks and triggers you're still coping with?*
- C: I know that when I feel lonely, frustrated or stressed out I become more vulnerable.
- P: *I can see how that would make you vulnerable (nodding).*

Active Listening

- Open-ended questions
To let the candidate describe and elaborate on his experiences.
- Reflection of Feeling
To validate and to deepen self-disclosure.
- Reflection of Content
To assess for accuracy and to increase depth of narrative.
- Paraphrasing
To better understand affective maturity and to articulate difficult experiences expressed through virtual media
- Minimal Encouragers
To establish rapport, to minimize negative psychodynamics

Objective Assessment Methodology

- Comprehensive, Reliable, and Valid Inventory

(HEI-15)

Below are a number of statements that describe various thoughts, feelings, and behaviors. An answer to each question, circle the number on the right that best describes you. Only circle one number per statement and please be sure to answer every question.

For the purpose of this questionnaire, sex is defined as any activity or behavior that stimulates or arouses a person with the intent to produce orgasm or sexual pleasure. (e.g. self-masturbation or solo sex, using pornography, intercourse with a partner, oral sex, anal sex, etc.) → Sexual behavior may or may not involve a partner

	Never	Rarely	Sometimes	Often	Very Often
1. I am not in touch with the events of daily life.	1	2	3	4	5
2. Even though I cannot recall my feelings upon sexual behavior, I feel good/ sexually aroused and/or orgasm.	1	2	3	4	5
3. Only wanting sexual help in times of need.	1	2	3	4	5
4. I engage in sexual activities that I know I will later regret.	1	2	3	4	5
5. I consider myself really close to my partner in bed.	1	2	3	4	5
6. I have sexual activities when I experience negative feelings (e.g. depression, sadness, anger).	1	2	3	4	5
7. My thoughts are frequently about behavior sex.	1	2	3	4	5
8. When I feel sad, there is no trouble to write myself.	1	2	3	4	5
9. My sexual thoughts and feelings derive me from accomplishing important tasks.	1	2	3	4	5
10. I do things usually that are against my values and beliefs.	1	2	3	4	5
11. Even though my sexual behavior is acceptable to others, I find it difficult to stop.	1	2	3	4	5
12. I feel like my sexual behavior is taking me to unwanted adult meetings.	1	2	3	4	5
13. Only wanting sexual help in times of need.	1	2	3	4	5
14. My sexual behavior matches my life.	1	2	3	4	5
15. My sexual thoughts and feelings that anger because of things.	1	2	3	4	5
16. In general, I am not in touch with my emotional state.	1	2	3	4	5
17. Usually, I feel like I am not really myself.	1	2	3	4	5
18. I feel an urgency to try and help myself that without getting.	1	2	3	4	5
19. My sexual behavior matches with aspects of my life such as work or school.	1	2	3	4	5

HEI-15 is a valid measure of sexual behavior and sexual health. It is a self-report questionnaire and is not intended to be used for clinical or research purposes. It is not intended to be used for clinical or research purposes. It is not intended to be used for clinical or research purposes. It is not intended to be used for clinical or research purposes.

Mental Status Examination

- Psychomotor
- Appearance (hygiene)
- Affect / Mood
- Eye Contact
- Behavioral Observations
- Interpersonal Disposition (attitude, rapport...)

Contact Information

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