Priestly Formation during a Pandemic

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Major Considerations

Physical Health
Mental Health
Spiritual Health
### Protecting Yourself and Preventing the Spread of the Disease

| Wash your hands with an alcohol-based sanitizer or with soap and water |
| Keep a distance of at least 6 feet between yourself and anyone who coughs or sneezes |
| Cover your mouth and your nose with your bent elbow or a tissue when coughing |
| Seek medical attention if you have difficulty breathing and a high fever |
| Try your best not to touch your eyes, your nose and your mouth |
| Follow the directions of your national or local health authorities |
01. SEMINARY FORMATION

02. PASTORAL/PROPAEDEUTIC YEAR

03. BREAK TIMES

04. SUMMER ASSIGNMENTS
Seminary Formation
Dimensions of Priestly Formation

- Intellectual
- Spiritual
- Human
- Pastoral

NORMAL

QUARANTINE
Pastoral/Propaedeutic Year

- Rule of Life
- Daily Horarium
- Need for Fraternity
- Spiritual Direction
- Meeting with Vocation Director
Break Times

- Travel Restrictions
- Expectation that they follow social distancing, wearing masks, and limit exposure to people outside of their family.
Summer Assignments

Parish Life
Rectory Life
Priestly Life
Family Life
When a Seminarian Tests Positive

• Call the seminarian
• Have the bishop call, if possible
• Know the seminary’s COVID positive procedures for caring for the sick
• Check in with their family
• Have them seek medical attention if their symptoms worsen (difficulty breathing and can’t hold their breath for ten seconds)
Symptoms of COVID-19

HIGH FEVER
The body temperature can exceed 99.1 degrees Fahrenheit

TIREDNESS
The body feels completely tired, without energy

DRY COUGH
Constant coughing without expelling any mucus

DIFFICULTY BREATHING
Breathing actually feels more difficult
ABOUT 80% OF PEOPLE RECOVER FROM THE VIRUS WITHOUT NEEDING SPECIAL TREATMENT
If the Seminarians Come Home...

Please, Lord... Never again!
If Seminaries Need to Evacuate

HOUSING

Family

Rectory

Temporary House of Formation
TEMPORARY HOUSE OF FORMATION

Create Isolated Area for Quarantined Seminarians

Food Services

Facilities

Providing Cleaning Products, Hand Sanitizer

Laundry Services

Internet Availability for Distance Learning
COUNSELING SERVICES

Conflict Resolution
Coping Skills (Anxiety, Depression)
Work through Unhealthy Habits
TEMPORARY HOUSE OF FORMATION

SPIRITUAL LIFE

Daily Mass
Holy Hour
Liturgy of the Hours
Confession
Spiritual Direction
Days of Recollection/Retreat
Visits to Churches in Diocese
COMMUNITY LIFE

Need for Fraternity
Movie Nights
Organized sports
Camping Trips
TEMPORARY HOUSE OF FORMATION

PASTORAL LIFE

Work in Parish or School
Assist in Online Diocesan or Parish Events
Promote Vocations
Religious Education and RCIA