

<b>Developmental Goal</b>	<b>Human Formation</b>	<b>Christian Formation</b>	<b>Spiritual Formation</b>	<b>Priestly Formation</b>
<p><b>Spiritual Depth</b> Addressing the tendency to live at the surface or be absorbed in shallowness rather than living from within.</p>	<p><b>A Healthy Interior Life</b> Developing habits of mindfulness by acknowledging, giving time to, and valuing one's interior life. Paying due attention to the spiritual, creative, aesthetic and the beautiful.</p>	<p><b>Spirituality of the Heart:</b> Practicing a spirituality of the heart. Noticing and staying with Christ's real presence in prayer and worship.</p>	<p><b>Discernment</b> Drawing our daily awareness and understanding from the heart of prayer and the fruits of discernment.</p>	<p><b>Contemplative Pastoral Ministry</b> Being a discerning and contemplative presence for God's people. Making use of one's own striving for holiness to shepherd others to deeper spiritual awareness and understanding.</p>
<p><b>Family Wholeness</b> Bringing to successful completion the initial development begun in one's family. Resolving issues of hurt or immaturity retained from one's family.</p>	<p><b>Seeking Mature Adulthood:</b> Embracing mature adulthood. Moving beyond childhood and adolescence. Creating honest and wholesome patterns of relating to oneself, to others and to life's responsibilities.</p>	<p><b>The Call to Healing &amp; Holiness:</b> Calling upon the Christ's power in the Sacraments and the Church's penitential life to heal the areas of life affected by sin. Growing in the virtues through grace.</p>	<p><b>Forgiveness</b> Receiving healing and forgiveness and in turn helping others to experience healing and forgiveness Willingness to forgive and heal those who have harmed us.</p>	<p><b>A Beloved Son, A Loving Father</b> Receiving from God the secure identity of a Beloved Son. Experiencing God's healing power and divine mercy. Living priesthood with authentic fatherly love and affection.</p>
<p><b>Emotional Integration</b> Bringing greater awareness, understanding and integration to the emotional forces that are an essential part of a healthy life.</p>	<p><b>Fostering Emotional Maturity:</b> Acknowledgement of the full range of one's emotions including anger and other powerful emotions. Choosing to be aware of and learn from one's own emotional reactions. Responding to emotional impulses with deeper freedom.</p>	<p><b>Conversion</b> Allow the deep affective movements of one's life to teach and guide one to authentic Christian acts and greater understanding of God's will.</p>	<p><b>Self-Offering</b> Choosing to obey and give oneself wholly to God's will in and through obedience to authority and personal accountability.</p>	<p><b>Ex Corde Ecclesia</b> The union of one's heart with the heart of the Church. Ministry is a heartfelt response to God's providence. Reactionary responses and self-absorption are rejected.</p>
<p><b>Sexual Integrity</b> In this area one is seeking an open and honest understanding of one's sexual identity and its orientation.</p>	<p><b>Mature Masculinity</b> Understanding oneself as a fully developed male called to experience complementarily with the opposite sex, to treasure the fullness of one sexual experience and to relate to oneself, others, and the world through the energy of a mature sexuality</p>	<p><b>Purity of Heart:</b> Attentiveness to how sin enters into one's life through the distortion of sexual desires and the cultivation of habits that allow sexuality to be integrated and expressed in mature love.</p>	<p><b>Chaste Love:</b> Embracing a vital and fruitful chastity as a means to consecrate our body, express mature love for others and be at peace with ourselves.</p>	<p><b>Lively Celibate Love</b> Fully embracing celibacy as a grace-filled gift, one is able to live priesthood with a chaste spousal love. An undivided heart capable of priestly self-giving and fruitfulness.</p>
<p><b>Interpersonal Communion</b> Rejecting selfishness and self-absorption in favor of authentic and free communion with others</p>	<p><b>Friendship:</b> Rejecting both power and dependency in our relationships in favor of the free sharing of the blessings of authentic friendship</p>	<p><b>Communion</b> Living the radicalism of the Gospel by loving others as God has loved us. Building the bonds of unity between individuals and in groups.</p>	<p><b>Selflessness:</b> Emptying one of self-interest in service of unity and peaceful cooperation, Simplicity and detachment from willfulness that frees one for self-sacrifice,</p>	<p><b>A Bridge to Communion</b> Being an instrument of union with God, with the Church and between men and women. By grace becoming sensitive to those apart from ecclesial communion. Seeking peace; Christ's own charity; and closer communion.</p>